Engaging Families to Support Attendance

How you can help (and how you can avoid hurting)

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What we'll do

- Explain the work done in the David Douglas School District.
- Focus on Engagement

Elements of Engagement

- Thinking about the situation from the family's perspective
- Leveling the playing field
- Working to prevent damaging the relationship
- Establishing positive relationships
- Developing Skills and Practices Tools for your tool belts!

Seat Belts ON!

- We're about to go FAST
- Get out your Red Pens!



Why are Kids Absent?

- Past 40 years = School Issues, Teachers
- Currently = Shifting to a deeper understanding of the family and their challenges
- These Issues Include:
 - Poverty, Homelessness, and Transportation
 - Intergenerational Experiences with School
 - Health, Mental Health, Dependency
 - Crises, Trauma, Stress
 - Cultural Norms and Differences
 - Readiness for School
 - Becomes Aversion & Academic Gaps



David Douglas School District Attendance Efforts

- Green Zone, Yellow Zone, Red Zone Actions/Interventions
- Data Current, Accurate, Accessible
- Attendance Protocol Calls, Letters, Contact/Connection,
 Meetings
- Student Level Systems CICO, Good Job Slips, Attendance Awards
- Partnerships- SUN, Head Start, Human Solutions, Trillium, DHS
- Basic Needs Safety, Food, Utilities, Housing, Clothing, Health, Mental Health

David Douglas Attendance Specialist (That's me!)

- Social Worker
- County level work
- District level work
- School level work
- Individual/Family Work My Caseload
 - Engagement and Outreach
 - Relationship Building
 - Resources and Referrals
 - Parenting Skills

Three "Sets" – From Assertive Engagement

• Skill Set =



Mind Set =



• BUT HEART SET =



Elements of Engagement

- Leveling the Playing Field
- Avoiding the Ravine
- Understanding Tunneling
- Belief in your Client's capacity and ability
- Empathy
- Listening
- Real is **better** than perfect
- Avoiding Judgment
- Ask Offer Ask
- Patience, Persistence, and Creativity
- Don't take things personally



Parenting Skills & Tools

- Limits and Standards
- Incentives and Consequences
- Relationship Building
- Consistency and Role Modeling
- Use of Time and Attention
- Avoiding Power Struggles
- Family Meetings
- Positives 4:1
- Self Care



The Case for Caution

- Hierarchy
- Tunneling
- The Ravine
- Standard Deviations



Societal factors

- Class/Poverty
- Gender
- Race/Ethnicity
- Health and Mental Health
- Employment
- Others?

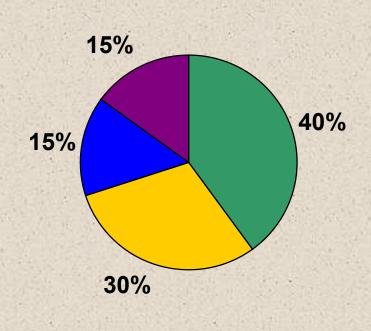
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What Works?

Research has shown that only 15% of client success is attributable to the model used.

85% percent of factors identified for successful treatment come from client factors, hope & the relationship between the provider and client





So we Know the What...

...And Now to the HOW!

- Tools
- Mind Set
- Concepts



Guiding Concepts

 How we do things is more important than What we do

Level the playing field

Real is Better Than Perfect

Interview Activity (Imagination Version...)

Information Giving

- Our desire to Give advice is much higher than our clients desire to Receive advice.
- Information giving often Backfires.
- Arguments for change must come out of the Right Mouth.



How to give information

ASK - OFFER - ASK

- 1. Ask what they already know
- Ask permission to provide new information
- 3. Offer the information
- 4. Ask what they think



HOPE

- Keeping the Candle Lit
- Various Types of Hope
- Costs nothing
- Needs no knowledge, information, or skill
- You always have it with you



How we view our Clients

- Staff must believe that clients are capable rather than difficult, challenging, barriered, resistant etc.
- 2. If staff don't believe it, clients won't either.
- 3. If clients don't believe this, then what happens to their ability to make great changes?

The Importance of Listening

Listening Activity -3 Minutes





Non-Judgment

- The Flatscreen TV
- The Doctor who Drinks





A few More Tools for your Tool belt

- Talk About Talking
- Asking Permission
- Ambivalence and Change Talk
- Questions, Summaries, and Reflections



Review

- Importance of Relationship
- Hierarchy
- Heart Set
- What Works
- Ask Offer Ask
- Listening
- Hope
- Clients are Capable
- You Add Some.....







Questions

- What do you want to learn more about?
- What didn't you hear?
- What didn't I explain clearly enough?
- Did I leave enough time for questions?
 (Answer Maybe...)

How to get more info...

Communities Supporting Youth
Co-convened with the SUN Service System
Coordinating Council

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Assertive Engagement

Why "How" we do what we do is much more important than what we do

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